

**Registration for Kempner Lady Cougars
Basketball Camp**

Name _____

Address _____

City/State/Zip _____

Parent's Name _____

Email _____

Phone (H) _____

(W) _____

(Cell) _____

Grade (Fall 2018) _____

School (Fall 2018) _____

Age _____

Medication/Medical Conditions

**This organization & its activities are not related to
or sponsored by FBISD**

Waiver of Claim

I, as a parent or guardian, hereby give permission for my child to participate in the Kempner Basketball Camp and acknowledge the fact that she is physically able to participate in camp activities. I hereby authorize the director of the Kempner Basketball Camp to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive any claim I might have against the camp and/or institution providing the facilities.

Signature _____

Date _____

*Kempner Lady Cougar
Basketball Camp
2018*

Monday July 30, 2018

5-8pm

Kempner High School



*Kempner Lady
Cougar
Basketball Camp*

*14777 Voss Rd.
Sugar Land, TX. 77478*



*Contact Melynda
McGregor (Coach Mac) for
more information*

Phone: 281-634-6800

Email:

Melynda.McGregor@fortbendisd.com

For: Girls entering 9th grade

Date: 5-8pm

Location: Kempner High School Gym

Time: 5-8pm

Fee: \$5 to be paid at the door

Payments can be dropped off at the school front office or mailed to:

Kempner Girls Basketball Attn: Melynda McGregor

14777 Voss Rd.

Sugar Land, TX. 77478

***Please make checks payable to:**

KHS

Please email Coach Mac by July 26, 2018 to let her know that you will be attending.

Melynda.mcgregor@fortbendisd.com

Camp Attire: Gym shorts, t-shirt, socks, and basketball shoes.

Camp Highlights

- Basketball skill training which includes individual instruction on shooting, offensive moves, ball handling, dribbling, passing, defense, rebounding, team concepts, sportsmanship, and fun

SKILLS FOCUSED ON AT CAMP:

FORM SHOOTING

DEFENSE

OFFENSIVE MOVES

REBOUNDING

BALL HANDLING

TEAM CONCEPTS

PASSING

DRIBBLING

SELF-IMPROVEMENT SKILLS

TRANSITION

SPORTSMANSHIP

COMPETITION

Contact Melynda McGregor (Coach Mac) for more information

Phone: 281-634-6800

Email: Melynda.McGregor@fortbendisd.com

SCHEDULE

4:30	REGISTRATION/OPEN SHOOTING
5:00	ROLL CALL/ GROUP TALK
5:20	SKILL FOCUS
5:35	TEAM SHOOTING COMPETITION
5:45	INDIVIDUAL SHOOTING COMPETITION
6:00	SPECIFIC FUNDAMENTAL STATIONS
6:30	BREAK
6:45	SPECIFIC FUNDAMENTAL STATIONS
7:00	TOURNAMENTS
7:30	COMPETITION
8:00	DISMISSAL

CAMP DIRECTOR: MELYNDA MCGREGOR

**HEAD GIRLS BASKETBALL COACH AT
KEMPNER HIGH SCHOOL**

**ASSISTED BY: MELVIN MORRISON/KATIE
KILGORE**

LADY COUGAR ASSISTANTS

THIS IS COACH MAC'S 10TH YEAR COACHING.
THIS CAMP WAS CREATED TO INSPIRE THE
YOUNG CAMPERS TO WANT TO JOIN THE GIRLS
BASKETBALL PROGRAM IN THE FUTURE.
COACH MAC HAS ATTENDED NUMEROUS
CLINICS AND WORKSHOPS, AND BELIEVES THIS
CAMP SHOWCASES THE IMPORTANCE OF THE
FUNDAMENTALS.